

Eisenhower Girls' XC State Records (1974-2011)

1.5 Miles (1974)

Rank	Name	Year	Time	Distance	Grade	Place	Site
	Cheryl Roulier	1974	8:59	1.5 miles		10	Granger

2 Miles (1975-1979)

Rank	Name	Year	Time	Distance	Grade	Place	Site
1	Elizabeth Conlon	1977	12:35	2 miles		9	Seattle
2	Elizabeth Conlon	1979	12:47	2 miles		37	Seattle
3	Jenny Sperry	1978	12:48	2 miles		24	Seattle
4	Lory Knapp	1979	13:05	2 miles		47	Seattle
5	Juile Byers	1977	13:09	2 miles		38	Seattle
6	Juile Byers	1975	13:13	2 miles		52	Issaquah
7	Heidi Olsen	1978	13:21	2 miles		51	Seattle
8	Carol Weston	1978	13:26	2 miles		55	Seattle
9	Katie Halverson	1979	13:32	2 miles		80	Seattle
10	Debbie Armstrong	1979	13:33	2 miles		81	Seattle
11	Jenny Sperry	1979	13:34	2 miles		83	Seattle
12	Heidi Olsen	1977	13:40	2 miles		64	Seattle
13	Jenny Sperry	1977	13:41	2 miles		66	Seattle
14	Heidi Olsen	1979	13:50	2 miles		96	Seattle
15	Debbie Armstrong	1978	13:52	2 miles		81	Seattle
16	Lory Knapp	1978	14:02	2 miles		91	Seattle
17	Elieen Shaw	1977	14:16	2 miles		92	Seattle
18	Shelly Gardner	1979	14:18	2 miles		114	Seattle
19	Elieen Shaw	1978	14:27	2 miles		106	Seattle
20	Shelly Gardner	1978	14:59	2 miles		117	Seattle
21	Beverly Manley	1977	15:46	2 miles		123	Seattle
22	Tammy Mow	1977	16:08	2 miles		126	Seattle

3 Miles (1980-1996)

Rank	Name	Year	Time	Distance	Grade	Place	Site
1	Robin Bryson	1988	17:03	3 miles	10	1	Pasco
2	Robin Bryson	1990	17:06	3 miles	12	2	Pasco
3	Robin Bryson	1987	17:31	3 miles	9	2	Port Townsend
4	Melanie Kosin	1988	17:40	3 miles	12	5	Pasco
5	Aleah Thome	1994	17:40	3 miles	11	1	Pasco
6	Stephanie Heaton	1995	17:51	3 miles	10	4	Pasco
7	Melanie Kosin	1987	17:52	3 miles	11	7	Port Townsend
8	Robin Bryson	1989	18:00	3 miles	11	3	Pasco
9	Stephanie Heaton	1994	18:02	3 miles	9	3	Pasco
10	Tara Hangge	1995	18:07	3 miles	12	9	Pasco
11	Molly Peterson	1987	18:08	3 miles	11	13	Port Townsend
12	Stephanie Heaton	1996	18:09	3 miles	11	11	Pasco
13	Aleah Thome	1995	18:16	3 miles	12	12	Pasco
14	Debi Panell	1990	18:17	3 miles	10	26	Pasco
15	Aleah Thome	1992	18:25	3 miles	9	6	Pasco
16	Aleah Thome	1993	18:26	3 miles	10	15	Pasco
17	Liza English	1994	18:33	3 miles	10	19	Pasco
18	Molly Peterson	1988	18:34	3 miles	12	28	Pasco
19	Tanya Bryson	1990	18:39	3 miles	11	36	Pasco
20	Karina Slocum	1990	18:40	3 miles	11	38	Pasco
21	Erica Scheuffele	1995	18:43	3 miles	11	29	Pasco
22	Tara Hangge	1994	18:44	3 miles	11	28	Pasco

23	Megan Murphy	1990	18:45	3 miles	10	40	Pasco
24	Tanya Bryson	1991	18:48	3 miles	12	38	Pasco
25	Kirstin Larson	1990	18:49	3 miles	10	44	Pasco
26	Erica Scheuffele	1996	18:49	3 miles	12	30	Pasco
27	Karina Slocum	1991	18:51	3 miles	12	40	Pasco
28	Melissa Thompson	1988	18:54	3 miles	10	43	Pasco
29	Traci Deason	1996	18:54	3 miles	10	37	Pasco
30	Liza English	1995	18:55	3 miles	11	41	Pasco
31	Tanya Bryson	1988	19:02	3 miles	9	47	Pasco
32	Ingrid Chapman	1996	19:02	3 miles	11	45	Pasco
33	Melissa Thompson	1990	19:12	3 miles	12	63	Pasco
34	Erika Larson	1995	19:14	3 miles	9	60	Pasco
35	Cindy Gorset	1987	19:15	3 miles		45	Port Townsend
36	Erica Scheuffele	1994	19:16	3 miles	10	53	Pasco
37	Michelle Thielke	1987	19:17	3 miles	10	48	Port Townsend
38	Megan Murphy	1991	19:22	3 miles	11	63	Pasco
39	Harmony Chapman	1994	19:22	3 miles	12	57	Pasco
40	Debi Panell	1989	19:27	3 miles	9	34	Pasco
41	Michelle Thielke	1988	19:31	3 miles	11	69	Pasco
42	Tanya Bryson	1989	19:32	3 miles	10	37	Pasco
43	Camille Rivard	1980	19:33	3 miles		32	Seattle
44	Caseie Williams	1987	19:36	3 miles	11	68	Port Townsend
45	Liza English	1996	19:36	3 miles	12	82	Pasco
46	Harmony Chapman	1992	19:41	3 miles	10	52	Pasco
47	Caseie Williams	1988	19:42	3 miles	12	80	Pasco
48	Erika Larson	1996	19:43	3 miles	10	91	Pasco
49	Melanie Kosin	1985	19:48	3 miles	10	13	Hangman Valley
50	Melissa Thompson	1989	19:48	3 miles	11	51	Pasco
51	Lory Knapp	1980	19:50	3 miles		44	Seattle
52	Megan Maguire	1996	19:50	3 miles	11	99	Pasco
53	Camille Rivard	1981	19:54	3 miles		37	Seattle
54	Megan Murphy	1992	20:01	3 miles	12	73	Pasco
55	Megan Murphy	1989	20:05	3 miles	9	62	Pasco
56	Leah Boyd	1994	20:07	3 miles	12	105	Pasco
57	Michelle Thielke	1989	20:08	3 miles	12	65	Pasco
58	Colleen Kinney	1987	20:12	3 miles		89	Port Townsend
59	Amy Welsch	1991	20:12	3 miles	9	104	Pasco
60	Stacey Burns	1992	20:12	3 miles	12	91	Pasco
61	Samantha Ashlock	1995	20:12	3 miles	12	106	Pasco
62	Kris Vickers	1981	20:26	3 miles		54	Seattle
63	Debi Panell	1991	20:30	3 miles	11	114	Pasco
64	Shari Thompson	1980	20:31	3 miles		67	Seattle
65	Lisa Schulz	1980	20:47	3 miles		80	Seattle
66	Cathy Lovell	1992	20:48	3 miles	10	119	Pasco
67	Heather White	1991	20:49	3 miles	9	124	Pasco
68	Katie Halverson	1980	20:51	3 miles		85	Seattle
69	Stacey Burns	1991	20:58	3 miles	11	129	Pasco
70	Kirstin Stebbin	1980	21:16	3 miles		95	Seattle
71	Kirstina Skarin	1989	21:21	3 miles	10	112	Pasco
72	Shari Thompson	1981	21:23	3 miles		83	Seattle
73	Robyn Bowman	1981	21:37	3 miles		91	Seattle
74	Lisa Schulz	1981	21:51	3 miles		96	Seattle
75	Shelly Gardner	1980	22:00	3 miles		109	Seattle
76	Amy Welsch	1992	22:12	3 miles	10	137	Pasco
77	Keri Hart	1981	22:30	3 miles		108	Seattle

78 Tweedy Esterholdt 1981 23:05 3 miles 116 Seattle

5K (1997-2011)

Rank	Name	Year	Time	Distance	Grade	Place	Site
1	Mayra Chavez	2011	18:25	5K	12	6	Pasco
2	Mayra Chavez	2010	18:34	5K	11	11	Pasco
3	Chelsea VanDeBrake	2005	18:42	5K	12	6	Pasco
4	Elise Tello	2011	18:45	5K	10	12	Pasco
5	Berenice Penaloza	2010	18:46	5K	12	15	Pasco
6	Berenice Penaloza	2009	18:56	5K	11	12	Pasco
7	Mayra Chavez	2009	18:57	5K	10	13	Pasco
8	Angela Talarico	1999	19:04	5K	11	9	Pasco
9	Katie Hummel	1999	19:05	5K	9	10	Pasco
10	Katie Hummel	2001	19:05	5K	11	8	Pasco
11	Stephanie Heaton	1997	19:08	5K	12	16	Pasco
12	Alison Barany	1998	19:09	5K	10	15	Pasco
13	Katie Hummel	2002	19:11	5K	12	12	Pasco
14	Elise Tello	2010	19:11	5K	9	31	Pasco
15	Molly Carmody	2001	19:13	5K	11	9	Pasco
16	Laura Blount	1999	19:17	5K	12	16	Pasco
17	Alison Barany	1999	19:22	5K	11	21	Pasco
18	Elana Darnell	2004	19:26	5K	12	29	Pasco
19	Kirsten Kaplan	2008	19:29	5K	11	28	Pasco
20	Mikell Gibbons	2002	19:30	5K	11	20	Pasco
21	Traci Deason	1997	19:32	5K	11	25	Pasco
22	Julie Baird	2001	19:32	5K	11	19	Pasco
23	Alison Barany	1997	19:33	5K	9	27	Pasco
24	Cristina Pineda	2004	19:33	5K	12	35	Pasco
25	Samantha Dahlstrom	2003	19:35	5K	10	28	Pasco
26	Katherine Bravo	2010	19:36	5K	12	48	Pasco
27	Alyssa Pena	2011	19:39	5K	10	57	Pasco
28	Mikell Gibbons	2001	19:45	5K	10	27	Pasco
29	Samantha Dahlstrom	2004	19:46	5K	11	50	Pasco
30	Heidi Gibbons	1998	19:48	5K	12	38	Pasco
31	Haley Heater	1998	19:48	5K	10	39	Pasco
32	Angela Talarico	2000	19:51	5K	12	12	Pasco
33	Whitney Stohr	2002	19:53	5K	11	41	Pasco
34	Whitney Stohr	2003	19:53	5K	12	44	Pasco
35	Hilarie Glenn	2004	19:56	5K	11	57	Pasco
36	Hilarie Glenn	2005	19:56	5K	12	45	Pasco
37	Tori Klein	2011	19:57	5K	11	75	Pasco
38	Helen Camden	2005	19:58	5K	12	48	Pasco
39	Ingrid Chapman	1997	20:01	5K	12	52	Pasco
40	Katherine Bravo	2009	20:02	5K	11	76	Pasco
41	Mikell Gibbons	2003	20:03	5K	12	51	Pasco
42	Molly Carmody	2002	20:04	5K	12	51	Pasco
43	Molly Carmody	1999	20:05	5K	9	62	Pasco
44	Alison Barany	2000	20:07	5K	12	23	Pasco
45	Mikell Gibbons	2000	20:11	5K	9	28	Pasco
46	Kirsten Sheffield	2009	20:12	5K	12	87	Pasco
47	Keana Fine	2011	20:16	5K	9	96	Pasco
48	Laura Blount	1998	20:17	5K	11	73	Pasco
49	Alyssa Pena	2010	20:18	5K	9	96	Pasco
50	Molly Carmody	2000	20:19	5K	10	33	Pasco
51	Edith Zaragoza	2011	20:19	5K	12	99	Pasco
52	Samantha Dahlstrom	2005	20:20	5K	12	67	Pasco

53	Samantha Gil	2011	20:22	5K	10	103	Pasco
54	Kirsten Kaplan	2009	20:24	5K	12	99	Pasco
55	Erika Larson	1997	20:25	5K	11	79	Pasco
56	Traci Deason	1998	20:26	5K	12	82	Pasco
57	Heidi Gibbons	1997	20:28	5K	11	84	Pasco
58	Angela Talarico	1998	20:28	5K	10	84	Pasco
59	Katie Hummel	2000	20:31	5K	10	41	Pasco
60	Julie Baird	1999	20:32	5K	9	83	Pasco
61	Cristina Pineda	2003	20:40	5K	11	90	Pasco
62	Erika Larson	1998	20:42	5K	12	94	Pasco
63	Haley Heater	1999	20:46	5K	11	92	Pasco
64	Sydney Raymond	2009	20:51	5K	10	122	Pasco
65	Julie Baird	2000	20:54	5K	10	61	Pasco
66	Tori Klein	2010	20:56	5K	10	119	Pasco
67	Ann McCarthy	2005	20:58	5K	10	107	Pasco
68	Ann McCarthy	2007	20:58	5K	12	88	Pasco
69	Megan Maguire	1997	21:00	5K	12	112	Pasco
70	Cristina Pineda	2002	21:04	5K	10	104	Pasco
71	Lindsay Thomas	2010	21:14	5K	12	127	Pasco
72	Shanik Taylor	2005	21:16	5K	12	123	Pasco
73	Laura Labbee	2001	21:25	5K	12	105	Pasco
74	Christine Whiteside	2001	21:25	5K	9	106	Pasco
75	Ann McCarthy	2004	21:27	5K	9	128	Pasco
76	Shanik Taylor	2004	21:29	5K	11	129	Pasco
77	Jessican Montoya	2005	21:29	5K	9	128	Pasco
78	Lindsay Thomas	2009	21:47	5K	11	144	Pasco
79	Vidi Badillo	2002	21:50	5K	12	136	Pasco
80	Megan Kurtz	2000	22:00	5K	12	108	Pasco
81	Maegan Caplungan	2004	22:08	5K	12	145	Pasco
82	Elana Darnell	2003	22:35	5K	11	141	Pasco
83	Vidi Badillo	2001	23:09	5K	11	140	Pasco
84	Hilary Freund	2003	23:22	5K	9	145	Pasco
85	Mackenzie Rehfield	2003	26:10	5K	10	148	Pasco