

2011 Washington State Cross Country Coaches Poll # 1, Preseason Poll

<i>Rank</i>	<i>Boys 4A</i>
1	Eisenhower
2	Gig Harbor
3	Ferris
4	Wenatchee
5	Mead
6	Auburn Riverside
7	Lewis & Clark
8	Walla Walla
9	Skyline
10	Henry Jackson
Others Bellarmine Prep, Redmond, Puyallup & Garfield	

<i>Rank</i>	<i>Girls 4A</i>
1	Bellarmine Prep
2	Eisenhower
3	Tahoma
4	Stanwood
5	Eastlake
6	Redmond
7	Walla Walla
8	Auburn Riverside
9	Redmond
10	Thomas Jefferson
Others Central Valley, Davis, Skyview & Henry Jackson	

<i>Rank</i>	<i>Boys 3A</i>
1	North Central
2	Bellevue
3	Kamiakin
4	Seattle Prep
5	University
6	Bishop Blanchet
7	Everett
8	Mt. Spokane
9	Hazen
10	Peninsula
Others Lakes, Columbia River & Camas	

<i>Rank</i>	<i>Girls 3A</i>
1	Glacier Peak
2	Shadle Park
3	Kamiakin
4	Peninsula
5	Lakeside
6	Mt. Spokane
7	Prairie
8	Enumclaw
9	Camas
10	Columbia River
Others Bainbridge, Seattle Prep & Capital	

<i>Rank</i>	<i>Boys 2A</i>
1	Lindberg
2	Sehome
3	Cedarcrest
4	Squalicum
5	Ellensburg
6	Deer Park
7	Selah
8	Mark Morris
9	White River
10	Bellingham
Others Olympic, WF West, Lakewood & North Kitsap	

<i>Rank</i>	<i>Girls 2A</i>
1	Sehome
2	Cheney
3	North Kitsap
4	Interlake
5	Lindberg
6	Bellingham
7	Kingston
8	Lakewood
9	Cedarcrest
10	Burlington-Edison
Others South Whidbey, Hockinson, Ellensburg & Ephrata	

<i>Rank</i>	<i>Boys 1A</i>
1	Charles Wright Academy
2	King's
3	Colville
4	Lakeside
5	La Center
6	Lynden Christian
7	Cashmere
8	Montesano
9	Onalaska
10	Royal
Others Meridian, Toledo & Port Townsend	

<i>Rank</i>	<i>Girls 1A</i>
1	Riverside
2	King's
3	Lakeside (Nine Mile Falls)
4	Cedar Park Christian
5	Bellevue Christian
6	Montesano
7	Highland
8	Bush
9	La Center
10	University Prep
Others Omak, Cle Elum/Roslyn & Zillah	

<i>Rank</i>	<i>Boys 1B/2B</i>
1	Tri-Cities Prep
2	NW Christian-Lacey
3	Republic
4	Davenport
5	St. George's
6	NW Christian-Colbert
7	Crosspoint Academy
8	Mosseyrock
9	Waitsburg-Prescott
10	Mt. Rainier Lutheran
Others Bear Creek, Riverside Christian & White Pass	

<i>Rank</i>	<i>Girls 1B/2B</i>
1	Northwest Christian-Lacey
2	Northwest Christian-Colbert
3	White Pass
4	Oroville
5	St. George's
Others Asotin, Bear Creek & Ocosta	

For further information contact Phil English at the following location:

Email: englishp@wolfenet.com