

2011 Washington State Cross Country Coaches Poll # 5,
Week of October. 3

Rank	Boys 4A
1	Gig Harbor
2	Eisenhower
3	Henry Jackson
4	Wenatchee
5	Lewis & Clark
6	Ferris
7	Tahoma
8	Central Valley
9	Auburn Riverside
10	Puyallup
Others Mead, Lake Stevens & Bellarmine Prep	

Rank	Girls 4A
1	Bellarmine Prep
2	Redmond
3	Tahoma
4	Eisenhower
5	Snohomish
6	Lewis & Clark
7	Eastlake
8	Henry Jackson
9	Central Valley
10	Union
Others Wenatchee, Skyline & Richland	

Rank	Boys 3A
1	North Central
2	Kamiakin
3	Bellevue
4	Seattle Prep
5	Mt. Spokane
6	University
7	Nathan Hale
8	Bishop Blanchet
9	Camas
10	Lakes
Others Shadle Park, Peninsula, & Hazen	

Rank	Girls 3A
1	Glacier Peak
2	Camas
3	Peninsula
4	Shadle Park
5	Kamiakin
6	Mercer Island
7	Seattle Prep
8	Capital
9	Mt. Spokane
10	Prairie
Others Enumclaw, Columbia River & Bainbridge	

Rank	Boys 2A
1	Lindberg
2	Sehome
3	Squaticum
4	Bellingham
5	White River
6	Cheney
7	Cedarcrest
8	Ellensburg
9	Renton
10	Deer Park
Others Selah, Lakewood & North Kitsap	

Rank	Girls 2A
1	Sehome
2	Cheney
3	Interlake
4	North Kitsap
5	Bellingham
6	Burlington-Edison
7	Lindbergh
8	Cedarcrest
9	Lakewood
10	Kingston
Others Hockinson, Ellensburg & Ephrata	

Rank	Boys 1A
1	Lakeside (Nine Mile Falls)
2	Charles Wright Academy
3	King's
4	Colville
5	La Center
6	Lynden Christian
7	Cashmere
8	Montesano
9	Onalaska
10	Royal
Others Meridian, Toledo & Port Townsend	

Rank	Girls 1A
1	Riverside
2	King's
3	Lakeside (Nine Mile Falls)
4	Cedar Park Christian
5	Bellevue Christian
6	Montesano
7	Highland
8	Bush
9	La Center
10	University Prep
Others Omak, Cle Elum/Roslyn & Zillah	

Rank	Boys 1B/2B
1	Tri-Cities Prep
2	NW Christian-Lacey
3	Republic
4	Asotin
5	Davenport
6	St. George's
7	NW Christian-Colbert
8	Crosspoint Academy
9	Mosseyrock
10	Mt. Rainier Lutheran
Others Bear Creek, Riverside Christian & White Pass	

Rank	Girls 1B/2B
1	Northwest Christian-Lacey
2	Northwest Christian-Colbert
3	Tri-Cities Prep
4	Asotin
5	White Pass
Others Oroville, St. George's, Bear Creek & Ocosta	

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