

**2010 Washington State Cross Country Coaches Poll # 9,
Week of November 1**

Rank	Boys' 4A
1	Eisenhower
2	Lewis & Clark
3	Auburn Riverside
4	Skyline
5	Joel Ferris
6	Gig Harbor
7	Henry Jackson
8	Bellarmine Prep
9	Garfield
10	Kentwood
Others	Redmond, Puyallup & Kentridge

Rank	Girls' 4A
1	Eisenhower
2	Bellarmine Prep
3	Skyview
4	Tahoma
5	Stanwood
6	Eastlake
7	Central Valley
8	Mead
9	Redmond
10	Henry Jackson
Others	Thomas Jefferson, Gig Harbor & Stadium

Rank	Boys' 3A
1	North Central
2	University
3	Kamiakin
4	Seattle Prep
5	Bellevue
6	Bishop Blanchet
7	Mercer Island
8	Everett
9	Columbia River
10	Peninsula
Others	Nathan Hale, Glacier Peak & Hazen

Rank	Girls' 3A
1	Glacier Peak
2	Shadle Park
3	Kamiakin
4	Peninsula
5	Prairie
6	Camas
7	Mt. Spokane
8	Oak Harbor
9	Liberty-Issaquah
10	Mercer Island
Others	Holy Names, Seattle Prep & Bellevue

Rank	Boys' 2A
1	Sehome
2	Bellingham
3	Squalicum
4	Lindbergh
5	Kingston
6	Interlake
7	Mark Morris
8	Cheney
9	Deer Park
10	Ellensburg
Others	Cedarcrest, Olympic & WF West

Rank	Girls' 2A
1	Sehome
2	Bellingham
3	Kingston
4	Interlake
5	Cedarcrest
6	North Kitsap
7	Cheney
8	Ephrata
9	Lakewood
10	Lindbergh
Others	Tumwater, Hockinson & Deer Park

Rank	Boys' 1A
1	Charles Wright Academy
2	Lynden Christian
3	Lakeside
4	Colville
5	Royal
6	King's
7	La Center
8	Zillah
9	Cashmere
10	Connell
Others	Montesano, Toledo & Port Townsend

Rank	Girls' 1A
1	Riverside
2	Omak
3	Lakeside
4	King's
5	La Center
6	Hoquiam
7	Zillah
8	Cle Elum/Roslyn
9	University Prep
10	Highland
Others	Cedar Park Christian, Montesano & White Salmon

Rank	Boys' 2B/1B
1	Northwest Christian-Lacey
2	Republic
3	Mt. Rainier Lutheran
4	Davenport
5	Tri-Cities Prep
6	Mosseyrock
7	Crosspoint Academy
8	St. George's
9	Waitsburg-Prescott
10	Bear Creek
Others	North Beach, White Pass & Ocosta

Rank	Girls' 2B/1B
1	Northwest Christian-Lacey
2	White Pass
3	Oroville
4	Northwest Christian-Colbert
5	St. George's
Others	Asotin, Bear Creek & Ocosta

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