

2011 Eisenhower Track & Field Athletes of the Meet

Meet	Date	Athlete	Performance
<i>Jamboree</i>	<i>March 12th</i>	Luis DeLeon	Won both the Shot (46-3.5) and Discus (120-6) with two PR's.
<i>Jamboree</i>	<i>March 12th</i>	Alex Murchie	Finished 2nd in the Shot with a big PR (44-8.25).
<i>Jamboree</i>	<i>March 12th</i>	Timothy Cummings	Won the 2000m Steeplechase in 6:16.8.....1 second off the Meet Record.
<i>Jamboree</i>	<i>March 12th</i>	Berenice Penalzoa	Ran 6:55.89 for the 2000m.....4 seconds off the Meet Record.
<i>Jamboree</i>	<i>March 12th</i>	Mayra Chavez	Won the 1000m for the second year in a row.
<i>Davis JV Meet</i>	<i>March 17th</i>	Jesse Salazar	Ran under 5-minutes in the 1600m for the first time (4:59.0) and came back with a 2;15 (800m).
<i>Davis JV Meet</i>	<i>March 17th</i>	Gavin Leaverton	Had a 47-sec PR in the 1600m from last year (5:00.0).
<i>Davis JV Meet</i>	<i>March 17th</i>	Francisco Cortes	Won the 3200m in 11:32 and came back with a PR in the 1600m (5:17.0).
<i>Davis JV Meet</i>	<i>March 17th</i>	Michael Sadeddin	Had 2-PR in the 110m Hurdles (11.90) and the 300m Hurdles (44.86).
<i>Davis JV Meet</i>	<i>March 17th</i>	Erika Ochoa	Ran a PR in the 1600m (6:30.0) and a PR in the 800m (3:00).
<i>Papa Wells Invite</i>	<i>March 19th</i>	Carter Svendsen	Won the Frosh-Soph 1600m in a lifetime PR of 4:50.49.
<i>Papa Wells Invite</i>	<i>March 19th</i>	Jason Easter	Finished 2nd in the Javelin with a lifetime PR of 160-8.
<i>Papa Wells Invite</i>	<i>March 19th</i>	Jaziel Rodriguez	Finished 2nd in the 1600m with a 5-sec PR from last year in 4:29.41.
<i>Papa Wells Invite</i>	<i>March 19th</i>	Drew Schreiber	Ran on two 2nd place relay teams and ran 54.61 for the open 400m.
<i>Papa Wells Invite</i>	<i>March 19th</i>	Elise Tello	Won the 3200m in her first track race in 11:57.85.
<i>Papa Wells Invite</i>	<i>March 19th</i>	Berenice Penalzoa	Ran a PR in the 1600m (5:24.70) and ran on the winning 4 X 400m relay team.
<i>Holder Relays</i>	<i>March 26th</i>	Delfino Dominguez	Won the 800m (2:09.10) and finished 3rd in the 1600m with a PR of 4:42.47.
<i>Holder Relays</i>	<i>March 26th</i>	Gage Benner	Went under 5 minutes for the first time 1600m (4:59.68).
<i>Holder Relays</i>	<i>March 26th</i>	Drew Schreiber	Won the Frosh-Soph 400m (53.66) and finished 2nd in the 800m (2:09.24).
<i>Holder Relays</i>	<i>March 26th</i>	Kyle Chapman	Ran 10:17.36 for a big PR in the 3200m.
<i>Holder Relays</i>	<i>March 26th</i>	Mike Esparza	Had a lifetime PR in the Long Jump 19-9.5 and ran on two 2nd place relay teams.
<i>Holder Relays</i>	<i>March 26th</i>	Lizzie Blanchard	Ran a PR in the 100m (13.22) and Long Jumped 15-9.5.
<i>Holder Relays</i>	<i>March 26th</i>	Ewieona Williams	Threw 381.25 in the Shot for a 3ft PR.
<i>Holder Relays</i>	<i>March 26th</i>	Brooke Brown	Had a lifetime PR in the Javelin with a throw of 112-4.
<i>Arcadia Invitational</i>	<i>April 8th-9th</i>	Berenice Penalzoa	Ran a lifetime PR in the 3200m (11:03.94) in the Friday night meet
<i>Arcadia Invitational</i>	<i>April 8th-9th</i>	Jaziel Rodriguez	Improved his lifetime PR in the 3200m by 11 seconds with a top-5 finish with a 9:30.13 run
<i>Arcadia Invitational</i>	<i>April 8th-9th</i>	Santos Vargas	Won the 3200m in the Tiger Invite with a 9:37.34 run.
<i>Davis Invitational</i>	<i>April 9th</i>	Mike Esparza	Ran a lifetime PR in the 200m (23.11)
<i>Davis Invitational</i>	<i>April 9th</i>	Dimitri Mandapat	Improved his season PR to 51.60 in the 400m
<i>Davis Invitational</i>	<i>April 9th</i>	Drew Schreiber	Won the FS 400m (52.84) and ran on 2-winning FS relay teams (4 x 100m and 4 x 400m)
<i>Davis Invitational</i>	<i>April 9th</i>	Braeden Rehfield	Improved his PR in the 800m to 2:10.97 and ran on the winning FS 4 x 400m relay.
<i>Davis Invitational</i>	<i>April 9th</i>	Tanner Urlacher	Jumped a PR in the HJ (5-10)
<i>Davis Invitational</i>	<i>April 9th</i>	Joey Keeton	Equaled his lifetime PR in finishing 2nd in the PV (14-0)
<i>Davis Invitational</i>	<i>April 9th</i>	Jacob Hino	Had a lifetime PR in the PV with a Jump of 13-6
<i>Davis Invitational</i>	<i>April 9th</i>	Tanner Urlacher	PR in the HJ of 5-10
<i>Davis Invitational</i>	<i>April 9th</i>	Lizzie Blanchard	Finished 2nd in the 200m with a lifetime PR (26.73)
<i>Davis Invitational</i>	<i>April 9th</i>	Lindsay Thomas	Had two lifetime PR's in the 1600m (5:55.12) and 800m (2:41.99)
<i>Davis Invitational</i>	<i>April 9th</i>	Claire Goins	Had a lifetime PR in winning the Discus (101-6) and won the FS Shot with a throw of 28-6.
<i>Davis Invitational</i>	<i>April 9th</i>	Brooke Brown	Won the Javelin with a lifetime PR (116-7) and had a PR in the Discus (95-2)

2011 Eisenhower Track & Field Athletes of the Meet

Meet	Date	Athlete	Performance
<i>Sunnyside JV Meet</i>	<i>April 15th</i>	Edith Zaragoza	Won the 800m in a PR of 2:41
<i>Sunnyside JV Meet</i>	<i>April 15th</i>	Kyle Chapman	Won the 1600m in 4:50 and finished 2nd in the 3200m
<i>Pasco Invite</i>	<i>April 16th</i>	Demitri Mandapat	Finished 3rd in the 400m with a season PR of 50.88
<i>Pasco Invite</i>	<i>April 16th</i>	Joey Keeton	Finished 3rd in the Pole Vault with a vault that equaled his PR of 14-0
<i>Pasco Invite</i>	<i>April 16th</i>	Berenice Penalzoa	Won the DMR race in 12:45.65
<i>Pasco Invite</i>	<i>April 16th</i>	Katherine Bravo	Won the DMR race in 12:45.65
<i>Pasco Invite</i>	<i>April 16th</i>	Elise Tello	Won the DMR race in 12:45.65 and a ran a PR in the 3200m
<i>Pasco Invite</i>	<i>April 16th</i>	Mayra Chavez	Won the DMR race in 12:45.65
<i>Pasco Invite</i>	<i>April 16th</i>	Brooke Brown	Finished 3rd in the Javelin with a 10' PR throw of 127-0
<i>Eastmont JV Meet</i>	<i>April 19th</i>	Gage Benner	Won the 1600m (4:53.38) and finished 2nd in the 800m (2:15.410)
<i>Eastmont JV Meet</i>	<i>April 19th</i>	Braeden Rehfield	Won the 800m (2:13.34) and finished 2nd in the 1600m (4:53.38)
<i>Eastmont JV Meet</i>	<i>April 19th</i>	Frank Serrano	A big PR in the 1600m with a 5:10.03
<i>Eastmont JV Meet</i>	<i>April 19th</i>	Xavier Ramirez	Over 20 seconds drop in his PR to 5:15.21
<i>Eastmont JV Meet</i>	<i>April 19th</i>	Kassandra Mares	Two big PR's in the 800m (2:50.26 and the 1600m (6:19.20)
<i>Eastmont JV Meet</i>	<i>April 19th</i>	Hailey Kingham	Won the Discus with a throw of 78-11